**EPS et anglais**

[**Cycle 1**](#cycle2)

**Communiquer avec les autres au travers d'actions à visée expressive ou artistique**

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| --- | --- |
| Improviser, inventer et créer en utilisant son corps | Fiche de préparation [Séance Starting and Stopping](https://stocad.ac-nantes.fr/index.php/s/2bqFoRcaYwwnQBW) + [Assessment](https://stocad.ac-nantes.fr/index.php/s/jFbd4JZS64g2NKr) |

**Eléments linguistiques :**

*Starting and Stopping on Cue*

*• When you hear, “Go!” (or music starts) walk around your spot.*

*• When you hear, “Freeze,” (or music stops) show that you can stop quickly and freeze*

*like a statue.*

*Travel! Go Home!*

*• The spot you’re standing on is called your home. Your home is 1 of many in our*

*neighborhood. On the count of 3, can you shout the color of your home?*

*• The cones show the sides of our neighborhood. We are going to move within our neighborhood without popping our bubbles.*

*• Turn and wave to a neighbor near you. Turn the other way and wave to a different*

*neighbor.*

*• When you hear, “Travel!” take your bubble with you and safely walk in our*

*neighborhood.*

*• When you hear, “Go Home!” walk back to your home.*

*• Travel! Go Home!*

*• Can you walk with your hands way up high stretched to the sky? Travel! Go Home!*

*• Can you walk with your hands on your knees? Travel! Go Home!*

*“Dance Freeze”Bounce and Catch with 2 Hands*

*• Let’s bounce and catch the ball with 2 hands.*

*• Follow me! Push the ball down in front of you with both hands. Let it bounce 1X before you catch it with both hands. Pull the ball close to your body after you catch it.*

*Catching Challenge – Can you…*

*• Toss and catch the ball? Bounce and catch the ball?*

*• First toss and catch, then bounce and catch?*