**EPS et anglais**

[**Cycle 1**](#cycle2)

**Agir dans l’espace, dans la durée et sur les objets**

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| Agir sur et avec un ballon, faire rebondir, lancer, attraper | Fiche de préparation [« Bounce and Catch »](https://stocad.ac-nantes.fr/index.php/s/AJ2A2tEpHageiLC) |

**Eléments linguistiques :**

*Ball Selection and Exploration :*

*• When you hear the color of your home, walk to get a ball, then walk home.*

*• When the music starts, play safely with your ball.*

*• When it stops, hold your ball between your feet. Don’t let it roll away!*

*Bounce and Catch with a Hug :*

*• When you hear, “Freeze,” hold the ball between your feet.*

*• Let’s bounce and catch the ball.*

*• Follow me! Push the ball down in front you with both hands. Let it bounce 1X before you catch it with a hug.*

*Bounce and Catch with 2 Hands*

*• Let’s bounce and catch the ball with 2 hands.*

*• Follow me! Push the ball down in front of you with both hands. Let it bounce 1X before you catch it with both hands. Pull the ball close to your body after you catch it.*

*Catching Challenge – Can you…*

*• Toss and catch the ball? Bounce and catch the ball?*

*• First toss and catch, then bounce and catch?*