**EPS et anglais**

[**Cycle 3**](#cycle2)

**S’exprimer devant les autres par une prestation artistique et/ou acrobatique**

|  |  |
| --- | --- |
| Gigue irlandaise | Fiche outil accueil langue (temps périscolaires) [Gigue irlandaise](http://planmercredi.education.gouv.fr/sites/default/files/mal-5-fiche_langue_anglaise_gigue_irlandaise.pdf)  Vidéo [Irish Jig](https://www.youtube.com/watch?v=iHxGisr7a_I) + vidéo [6 year old kid shows us how to do the Irish Jig](https://www.youtube.com/watch?v=2BTg9dvYTlA) + vidéo [Irish Jig dance demo](https://www.youtube.com/watch?v=IOePVGGM0vs) |

Eléments linguistiques :

*Let’s dance an Irish jig!*

*Cross your feet. Each part of the dance has eight counts.*

*Heel, toe, heel, home.*

*It’s your turn.*

*Kick your foot forward.*

*Kick your foot to the right side.*

*Kick your foot to the side.*

*Lift your right foot.*

*Listen to the music.*

*Now hop.*

*Out, cross, out, together.*

*Place your arms by your side.*

*Place your heels one next to the other.*

*Roll your shoulders back.*

*Step your right foot in front of your left foot.*

*Stomp your foot.*

*Tap your heels.*

*The right toes point to the right and the left toes point to the right.*

*Your toes must point outwards.*