

### Group 3 : teenagers and plastic surgery

**Step 1:** Read the article and watch the video to learn about teenagers and plastic surgery.

#### **More than 200,000 teens had plastic surgery last year, and social media had a lot to do with it**

When children younger than 18 come to see Debra Johnson, a plastic surgeon\* with a private practice in Sacramento, Calif., she considers many factors before accepting them as patients.

She makes sure the parents are supportive, considers what kind of surgery they want, and has an honest discussion about how their bodies, and the results, will change over time.

Teens are also showing an increased interest in botox and other injectables. Doctors attribute this to young people scrolling through\* the Instagram and Twitter feeds of celebrities with augmented cheeks and lips. Doctors say this phenomenon is one of many plastic surgery trends\* fueled by social media.

Many teenagers today are seeking plastic surgery, according to guidelines published Tuesday in Plastic and Reconstructive Surgery, the official medical journal of American Society of Plastic Surgeons. Some 229,000 cosmetic procedures were performed on patients aged 13 to 19 in 2017. Cosmetic surgery procedures at large jumped 11% in 2017, with patients spending more than \$6.5 billion. .

"The average millennial\* takes over 25,000 selfies in his or her lifetime, which is astronomical and one of the major reasons for the self-esteem issues in this age group," the report said. "Moreover, the standard selfies have exaggerated lower facial features such as nasal or lip or chin problems, leading to increased interest in this age group for cosmetic medicine and cosmetic surgery."

More than 40% of surgeons in a recent American Academy of Facial Plastic and Reconstructive Surgery survey said looking better in selfies on Instagram, Snapchat, and Facebook was an incentive\* for patients of all ages getting surgery. This issue may be magnified for teens, who use social media more often.

"These kids don't realize those people have been filtered, and morphed and Photoshopped," he said. "That is part of the education and discussion process that we go through before anything is done. We are trying to look out for them for their lifetimes and not just for the moment."

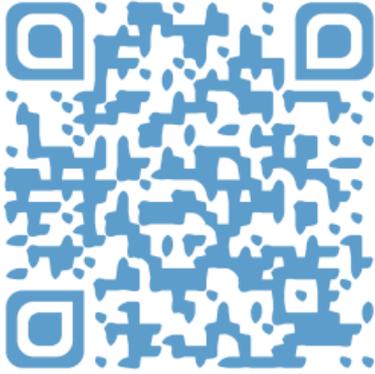
**Adapted from** an article written by Kari Paul for MarketWatch, 30 September 2018. (USA)

**Source:** <https://www.marketwatch.com/story/should-you-let-your-teenager-get-plastic-surgery-2018-08-29>

#### **Wordbank :**

- |  |   |
|--|---|
| - a plastic surgeon: a doctor in plastic surgery | - a trend (n): a fashion                              |
| - scroll through (v): surf on the net            | - a millennial (n): anyone born between 1991 and 1996 |
|  | - an incentive (n): an encouragement / a motivation   |

Watch the video on elyco or scan the QR code.



**Step 2:**

Be ready to present what you have discovered about teenagers and plastic surgery to your classmates! You can prepare some notes or a mindmap to help you.